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Headteacher: Mr A Oliver, BA (Hons), MA, PGCE, NPQH

24 October 2025

Dear parents and carers,

**RE: Mental Health Support for Students During Half Term**

In light of recent tragic events, it is important that we do our best to keep all of our students safe, particularly those who are experiencing mental health problems.

During term time, all of the school support systems are fully operational, but this pauses during school holidays. Therefore, I would like to take this opportunity to signpost parents to ongoing support that continues to be available even when school is closed.

- **GP Referral** - If your child is experiencing ongoing mental health issues, please book an appointment with your GP to seek a referral to CAMHS (Child and Adolescent Mental Health Services).
- **School Nurses Team** - HCRG Care Group provides a Chat-Health text service for children in Rossendale schools (note - you do not have to be a Rossendale resident). This service continues during the half-term break. It allows young people to text a member of the school nursing team so that they can receive specialist support and advice on a variety of health issues, including emotional health, sexual health, friendship issues, bullying, and healthy eating.
- **A&E or 111** - If you feel as though your child is at immediate risk, go to A&E or call the 24-hour Mental Health Helpline by dialling 111 and selecting option 2.

I have put a reminder below my signature with links to other organisations that can help if you feel that your child needs extra support.

Please could I take this opportunity to thank parents/carers for your ongoing support throughout the half-term. I hope that your children all have a safe and restful half-term break.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Mr A Oliver'.

Mr A Oliver  
Headteacher



Support website:	QR code:
<a href="#">Cruse Bereavement Support</a>	
<a href="#">Winston's Wish</a>	
<a href="#">Child Bereavement UK</a>	
<a href="#">Grief Encounter</a>	
<a href="#">Kooth</a>	
<a href="#">NHS Mental Health Support</a> 0800 014 9995	



The Brilliant Club



The Scholars Programme

