

Subject: Physical Education

Faculty: Innovation

Year Group: KS3- 8



EXCELLING (-, =, +)

	<p>All of the secure criteria plus:</p> <ul style="list-style-type: none"> • Students show good fluency and control when performing. • Students show good technique when passing, shooting or dribbling. • Students tackle opponents with force whilst still maintaining the correct technique. 	<p>All of the secure criteria plus:</p> <ul style="list-style-type: none"> • Students can select and combine movements in canon and unison at a variety of speeds. • Students match required activities to suit the method of training meeting the performers needs. 	<p>All of the secure criterion plus:</p> <ul style="list-style-type: none"> • Students can use advanced techniques consistently in Athletics achieving good distances, height and speed. • Students can catch and throw the ball with good accuracy and power over a variety of distances.
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SECURE

	Autumn Term	Spring Term	Summer Term
	<p>Assessment strategy: Practical assessment of:</p> <ol style="list-style-type: none"> 1. Gymnastics 2. Rugby 3. Handball <p>Theory assessment of:</p> <ol style="list-style-type: none"> 1. The Body & First Aid 	<p>Assessment strategy: Practical assessment of:</p> <ol style="list-style-type: none"> 1. Dance 2. Fitness <p>Theory assessment of:</p> <ol style="list-style-type: none"> 1. Diet & Drugs 	<p>Assessment strategy: Practical assessment of:</p> <ol style="list-style-type: none"> 1. Athletics 2. Dodgeball 3. OAA 4. Softball <p>Theory assessment of:</p> <ol style="list-style-type: none"> 1. Fitness
<p>Pillar 1 - Fundamental Movement Skill</p>	<ul style="list-style-type: none"> • Students tackle opponents within rugby using the correct technique maintaining all safety aspects. • Students pass accurately using the correct technique. • Students shoot from different angles within handball. • Students can perform a variety of rolls and balances showing good levels of control and body tension. 	<p>Everything from term 1 plus:</p> <ul style="list-style-type: none"> • Students can demonstrate a good technique across all fitness activities. • Students can select and combine movements in canon and unison to develop a more aesthetically pleasing dance routine. • Students perform movements in time to music. 	<p>Everything from terms 1 and 2 plus:</p> <ul style="list-style-type: none"> • Students can throw a ball with accuracy selecting the correct throwing technique. • Students can strike a ball with a softball bat consistently with a good level of power and timing. • Students replicate advanced techniques within athletics.
<p>Pillar 2 - Rules, Strategies & Tactics</p>	<ul style="list-style-type: none"> • Students understand the rules of tackling within Rugby. • Students apply basic tactics to outwit opponents. • Students can create a sequence involving a range of skills, making it more aesthetically pleasing. • Students show a good understanding of how the body works including names of bones and muscles. 	<p>Everything from term 1 plus:</p> <ul style="list-style-type: none"> • Students can select appropriate movements to suit the theme and music. • Students can select the required activities to suit the method of training. • Students show a good understanding of how diet and drugs can affect a person's health and sports performance. 	<p>Everything from terms 1 and 2 plus:</p> <ul style="list-style-type: none"> • Students are able to make relatively fast decision making, allowing them to navigate the OAA course at speed. • Students understand simple rules and show them within team game situations. • Students show a good understanding of the different components of fitness.
<p>Pillar 3 - Healthy Participation</p>	<ul style="list-style-type: none"> • Students can complete a warm up and cool down within a group including both stretches and a pulse raiser. • Students can operate gymnastics equipment safely. • Students can play games of Rugby whilst maintaining the safety for both themselves and others. 	<p>Everything from term 1 plus:</p> <ul style="list-style-type: none"> • Students complete cross country in a safe manner working to the best of their ability. • Students carry athletics equipment in the correct manner. • Students understand how sport can contribute to a healthy body. 	<p>Everything from terms 1 and 2 plus:</p> <ul style="list-style-type: none"> • Students complete athletics events following all safety rules. • Students safely record athletics scores. • Students peer assess a student providing positives of a performance. They also provide areas to improve that help a partner to develop.

DEVELOPING (-, =, +)

Not yet secure with all of the criteria set out for the term.

